

AUGUST MEAL IDEAS

Breakfast

- [Instant Pot Apple Oatmeal](#)
- [Instant Pot Hard Boiled Eggs](#)
- [Omelets On the Go](#)
- [Healthy Breakfast Cookies](#)
- [Breakfast Sandwiches](#)

Get the recipes at
Popandebby.com

Lunch

- [Wild Rice Salad](#)
- [Fattoush Salad with Chickpeas](#)
- [Massaged Kale Salad](#)
- [California Guacamole Salad](#)
- [Middle Eastern Bean Salad](#)

Get the recipes at
vegiessavetheday.com

Dinner

- [Greek Inspired Chicken Burger](#)
- [Roasted Chicken and Vegetables](#)
- [Healthy Shrimp Scampi](#)
- [Crispy Chicken Pesto Pizza](#)
- [Healthy Turkey Meatballs](#)

Get the recipes at
pinchmegood.com

Snacks & Desserts

- [Single-serve Ice Cream](#)
- [Dutch Hagelslag](#)
- [Irish Soda Bread with Currants](#)
- [German Plum Butter](#)
- [German Apple Cake with Streusel Topping](#)

Get the recipes at
internationaldessertsblog.com

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